



AFTER CARE INSTRUCTIONS - For Intravenous Nutrient Therapy

What to expect:

It is common to have some bruising and swelling at the IV site for a few hours. Some symptoms can last up to 12-24 hours. Please be sure to follow these instructions to reduce the risk of complications associated with the IV Therapy.

Instructions:

- Apply pressure to site for 2 minutes after IV has been removed
- Leave bandage on for 1 hour
- Keep IV site area clean and dry after you remove your bandage
- Avoid scratching around the IV site for 24 hours
- Use ice and elevation for any swelling or bruising at the site for up to 8 hours
- Use ice for itching or pain at the IV site for up to 8 hours
- Use warm compress (heating pad) for redness, firmness or tenderness that occurs at the IV site

Contact us at (855) 955-3747 if you experience any of the following side effects or complications:

- Bleeding from IV site that will not stop after 15 minutes of pressure
- Worsening swelling at IV site that is not improving with ice and elevation within 2 hours
- Worsening bruising around IV site that is not improving with ice and elevation within 2 hours
- Rash or itching sensation that is not improving with ice within 8 hours
- Pain at IV site that is not improving with ice within 8 hours
- Redness, firmness or tenderness that is not improving with moist warm compress with 24 hours
- Shortness of breath
- Swelling of your lips, tongue, throat or other signs of an allergic reaction
- Fever or chills
- Any other symptoms that you are not comfortable with

If you are unable to reach a provider at SoCal IV Therapy within 1 hour, please seek urgent medical care.

I have read the instructions above and understand how to care for my IV site after Nutrient Therapy:

Patient Signature

Date

Patient Name (printed)